



# **MACHAKOS UNIVERSITY**

**University Examinations 2018/2019**

**SCHOOL OF HEALTH SCIENCES**

**DEPARTMENT OF PUBLIC AND COMMUNITY HEALTH**

**FIRST YEAR SPECIAL/SUPPLEMENTARY FOR**

**BACHELOR OF SCIENCE IN PUBLIC HEALTH.**

**PPH 104: COMMUNITY BASED HEALTH CARE**

**DATE: 26/9/2019**

**TIME: 8.30-10.30 AM**

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## **INSTRUCTIONS**

This paper consists of two sections A and B

Section A is compulsory

Section B choose any two (2) questions

### **SECTION A. COMPULSORY (30 MARKS)**

#### **QUESTION ONE**

- a) Briefly discuss the objectives of community health strategy (4marks)
- b) Briefly explain 4 principles of good governance in community strategy (4marks)
- c) Briefly discuss the role of Community strategy in achieving MDGs 4,5 and 6 (6marks)
- d) Explain 3 principles of adult learning (6marks)
- e) Compare theory X and Theory Y of management (6marks)
- f) Discuss how you would carry out situational analysis in community entry process (4marks)

### **SECTION B: ANSWER ANY TWO QUESTIONS. EACH QUESTION IS 20 MARKS**

#### **QUESTION TWO**

- a) Discuss the elements of primary health care discussed in Alma-ata Declaration of 1978 (10marks)
- b) Discuss how experience has shifted the PHC movement (10marks)

### **QUESTION THREE**

- a) Discuss the role of Community health workers in the following services:
- i. Health promotion (5marks)
  - ii. Disease prevention (5marks)
  - iii. Family health services (5marks)
  - iv. Care seeking and compliance with treatment and advice (5marks)

### **QUESTION FOUR**

Explain factors affecting health and development in communities where we live (20 marks)

### **QUESTION FIVE**

Discuss the Kenya Essential Package of Health services for each of the 6 cohorts at level 1 of care (20 marks)