



MACHAKOS UNIVERSITY

University Examinations for 2019/2020 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

SECOND YEAR FIRST SEMESTER EXAMINATION FOR

BACHELOR OF ARTS

APS 210: MOTIVATION AND EMOTION

DATE:

TIME:

INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS

QUESTION ONE (COMPULSORY) 30marks

- a) Differentiate between intrinsic and extrinsic motivation (2 marks)
- b) Outline the relationship between emotion and motivation (4 marks)
- c) Describe the main causes of emotion (8 marks)
- d) Discuss the six basic emotions (12 marks)
- e) Explain the functions of emotions (4 marks)

QUESTION TWO (20 MARKS)

- a) Discuss the drive- reduction theory of motivation (10 marks)
- b) (Giving examples differentiate between Instinct theory and arousal approach (6 marks)
- c) Explain briefly two systems that influence body homeostatics (4 marks)

QUESTION THREE (20 MARKS)

- a) Discuss in details how the psychodynamic perspective relates to our unconscious motivation (10 marks)
- b) Discuss the Maslow's hierarchy of needs relationship to motivation (10 marks)

QUESTION FOUR (20 MARKS)

- a) Briefly discuss why we feel thirsty (6 marks)
- b) Describe the characteristics of an individual who is self-actualized (4 marks)
- c) Explain the relationship between pain and pleasure (10 marks)

QUESTION FIVE (20 MARKS)

- a) Discuss the motivational factor that influences sexual orientation (8 marks)
- b) Explain the sources of self-efficacy (12 marks)