



MACHAKOS UNIVERSITY

University Examinations 2020/2021 Academic Year

SCHOOL OF EDUCATION

DEPARTMENT OF EARLY CHILDHOOD EDUCATION

FIRST YEAR FIRST SEMESTER EXAMINATION FOR

BACHELOR OF EDUCATION (EARLY CHILDHOOD)

ECE 105 HEALTH EDUCATION AND PRACTICES

DATE: 24/2/2021

TIME: 2.00-4.00 PM

INSTRUCTIONS

Answer Question ONE and any other TWO questions

QUESTION ONE (30 MARKS) (COMPULSORY)

- a) Explain the following concepts: (12 marks)
- Health Education
 - Health practice
 - Maternal and Child Health (MCH).
- b) Identify the basic physical health needs for a child. (8 marks)
- c) Highlight (five) 5 Strategies for creating and maintaining health. (10 marks)

QUESTION TWO (20 MARKS)

- a) Discuss 4 (four) general roles of WHO and 4 (four) specific roles of WHO as provided by Toynebee (1995) and Udoh (1999). (16 marks)
- b) Describe 2 (two) advantages of the traditional Birth Attendant programme. (4 marks)

QUESTION THREE (20 MARKS)

- a) Identify and describe (five) 5 social- emotional needs of children. (10 marks)
- b) Explain 5 (five) importance of providing for the social- emotional needs to children. (10 marks)

QUESTION FOUR (20 MARKS)

- a) Identify and explain at least (five) 5 factors that may require a mother to be referred to a well-equipped health facility for delivery. (10 marks)
- b) describe the 5(five) dimensions of health promotion programs. (10 marks)

QUESTION FIVE (20 MARKS)

- a) Describe the information that a mother should give to the health personnel during her first visit to the (MCH) showing the importance of doing so. (10 marks)
- b) To live a long and healthy life, you need to live in a healthy environment. Explain 5 (five) ways of improving the quality of air in your environment. (10 marks)