



MACHAKOS UNIVERSITY

University Examinations for 2021/2022

SCHOOL OF HEALTH SCIENCES

DEPARTMENT OF PUBLIC AND COMMUNITY HEALTH

SECOND YEAR FIRST SEMESTER EXAMINATION FOR

BACHELOR OF SCIENCE (COMMUNITY RESOURCE MANAGEMENT)

HCM 209: FAMILY HEALTH

DATE:

TIME:

INSTRUCTIONS:

This paper consists of two sections A and B

SECTION A

Specific Instructions

- This section has one question
- The question is compulsory
- The question is 30 marks

QUESTION ONE (30 MARKS)

- Outline the types of families classified by place of residence. (3 marks)
- Explain the characteristics of the family that define it as a unit of care. (3 marks)
- Highlight effect of drug addiction on older adults. (3 marks)
- State the provisions of Convention, the African Charter on the rights and welfare of children. (3 marks)
- Outline the concept of human wellbeing as provided by World Health Organisation. (3 marks)
- Highlight the causes of high-risk behaviour among adolescent's boys. (3 marks)
- Give reasons why vulnerable populations are at increased risk of ill health. (3 marks)
- Explain the components of school health service programs. (3 marks)

- i) Explain the influence of genes on family health. (3 marks)
- j) Outline the various types of family violence. (3 marks)

SECTION B:

Specific Instructions

- **This section has four (4) questions**
- **Answer any two (2) questions**
- **Each question is 20 marks**

QUESTION TWO (20 MARKS)

- a) With the COVID-19 pandemic onset in Kenya there has been increased incidence of intimate partner violence. Describe factors that increase the male partner's risk of being a perpetrator of violence against his intimate partner. (10 marks)
- b) Discuss barriers to achievement of optimal maternal health in Kenya. (10 marks)

QUESTION THREE (20 MARKS)

- a) With examples, Identify and explain the various types of ecologies that threaten family health. (10 marks)
- b) High incidence of drug addiction and high-risk abortion in the general population have been reported within your locality. Discuss activities that can be put in place to address these. (10 marks)

QUESTION FOUR (20 MARKS)

- a) You are part of a research team intending to conduct a study on wellbeing of Machakos and Kiambu County residents. The research team is in the process of identifying indicators that will be used in data collection. Discuss (10 marks)
- b) Explain how you can plan and implement care for vulnerable families. (10 marks)

QUESTION FIVE (20 MARKS)

- a) Marys' mother has sickle cell anaemia, she has delayed having children because she is afraid they will have the disorder. Discuss the options Mary could explore to minimize the chances of her children having the disease. (10 marks)
- b) Discuss the various forms of maltreatment that children face from family members. (10 marks)