



MACHAKOS UNIVERSITY

University Examinations for 2021/2022 Academic Year

SCHOOL OF EDUCATION

DEPARTMENT OF EARLY CHILDHOOD EDUCATION

FIRST YEAR FIRST SEMESTER EXAMINATION FOR

BACHELOR IN EDUCATION

ECE 105 HEALTH EDUCATION AND PRACTICES

DATE:

TIME:

INSTRUCTIONS

*This paper consists of **FIVE** questions*

Answer question one and any other two questions

QUESTION ONE (COMPULSORY) (30 MARKS)

- a) Explain the following concepts: (10 marks)
- Health Education
 - Health promotion.
 - Health practice
 - Preventive health.
 - Stress management
- b) Describe (five) 5 way of preventing spread treatment of malaria in coastal region of Kenya. (10 marks)
- c) Describe 5 (five) characteristics of an emotionally healthy child. (10 marks)

QUESTION TWO (20 MARKS)

- a) Describe the effects of deficiency of: (8 marks)
- Protein
 - Vitamin
 - Iron
 - Iodine

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- b) Discuss 3 (three) general roles of WHO and 3 (three) specific roles of WHO as provided by Toynbee (1995) and Udoh (1999). (12 marks)

QUESTION THREE (20 MARKS)

- a) Discuss 5 (five) Common childhood nose and throat infections. (10 marks)
b) Describe 5 (five) strategies for creating and maintaining good health in school environment for both learners and teachers. (10 marks)

Commented [m1]:

QUESTION FOUR (20 MARKS)

- a) Describe 5 (five) advantages of immunization programme in Kenya. (10 marks)
b) Discuss 5 (five) ways of improving the quality of air in your environment. (10 marks)

Commented [m2]:

QUESTION FIVE (20 MARKS)

- a) Describe (4) four types of Gastro-intestinal infections. (8 marks)
b) Identify 6 (six) basic physical health needs for a child. (12 marks)



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ECE 102:CHILD DEVELOPMENT1: PRE-NATAL AND INFANT
CHILD DEVELOPMENT 1

DATE:

TIME:

INSTRUCTIONS

*This paper consists of **FIVE** questions*

Answer question one and any other two questions

Section A: Answer all the questions (30mks)

QUESTION ONE

- a) Define the following terms. (10 marks)
- a. Object permanence
 - b. Reflex
 - c. Attachments
 - d. Fertilization
 - e. Implantation
- b) Distinguish between growth and development. (4 marks)
- c) Identify and explain five development milestones in children. (10 marks)
- d) Explain the significance of child development study for a ECDE teacher (6 marks)

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SECTION B: ANSWER ANY TWO QUESTIONS

QUESTION TWO (20 MARKS)

- a) State and discuss preparation parents need to make for pregnancy and parenthood. (8 marks)
- b) State three functions of placenta. (6 marks)
- c) Discuss the stages of labour. (6 marks)

QUESTION THREE (20 MARKS)

- a) State five characteristics determined by heredity. (5 marks)
- b) Describe each of the following stages of prenatal development. (15 marks)
 - i. 1st trimester
 - ii. 2nd trimester
 - iii. 3rd trimester

QUESTION FOUR (20 MARKS)

- a) Discuss the three temperaments in young children. (6 marks)
- b) As a caregiver, give four points on how you can enhance social-emotional development. (4 marks)
- c) Explain 5 (five) types of play done by young children. (10 marks)

QUESTION FIVE (20 MARKS)

- a) Describe the three types of learning (6 marks)
- b) Cerebral cortex or cerebrum is divided into four parts. List them. (8 marks)
- c) Explain the first two stages of child development according to Eric Erickson. (6 marks)