



MACHAKOS UNIVERSITY

University Examinations for 2021/2022 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

SECOND YEARSEMESTER EXAMINATION FOR

BACHELOR OF ARTS (COUNSELLING PSYCHOLOGY)

APS 214: HUMAN SEXUALITY

DATE:

TIME:

INSTRUCTIONS:

Answer Question One and Any Other Two Questions.

QUESTION ONE (30 MARKS)

- “A myth is an ideology that may or may not be easy to verify or validate scientifically”.
Demystify five sexual myths you might be aware of. (10 marks)
- Appraise five stages of the Psycho Sexual Development in relation to human sexuality. (10 marks)
- Discuss three problems associated with child birth. (6 marks)
- Appraise four causes of infertility in both men and women. (4 marks)

QUESTION TWO (20 MARKS)

- “Sexual behaviour is as a result of the interaction between biological, psychological and social forces”. Discuss (12 marks)
- Citing relevant examples, describe four examples of paraphilia. (8 marks)

QUESTION THREE (20 MARKS)

- Explain six sources of sex information among teenagers today. (6 marks)
- Describe six characteristics of sexual development between the ages of five to seven. (6 marks)

- c) Appraise four viral sexually transmitted infections (8 marks)

QUESTION FOUR (20 MARKS)

- a) Anger can be a life-threatening emotion if not well handled. Discuss five strategies that individuals can adopt to cope with anger. (10 marks)
- b) Discuss five factors that are influencing the spread of STI's in the current society. (10 marks)

QUESTION FIVE (20 MARKS)

- a) "Explain the advantages and disadvantages of the use of the following contraceptives:
- i. Intrauterine contraceptive devices (IUDs)
 - ii. The condom
 - iii. Douching
 - iv. Oral contraceptive
 - v. Coitus or withdrawal (10 marks)
- b) Discuss five sexual challenges adolescents go through in the current society. (10 marks)