



MACHAKOS UNIVERSITY

University Examinations for 2020/2021 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

FIRST YEAR SECOND SEMESTER EXAMINATION FOR

BACHELOR OF ARTS (COUNSELLING PSYCHOLOGY)

BACHELOR OF ARTS (GENDER AND DEVELOPMENT)

BACHELOR OF ARTS

APS 106: INTRODUCTION TO LIFECYCLE DEVELOPMENT

DATE: 16/6/2021

TIME: 2:00 – 4:00 PM

INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS.

QUESTION ONE (COMPULSORY) (30 MARKS)

- a) Define the following terms as used in life span development
- i. Apgar scale (1 mark)
 - ii. Nurture (1 mark)
- b) Differentiate between growth and development (8 marks)
- c) i) Development is multicultural, discuss this statement giving relevant examples (10 marks)
- ii) Analyze Kubler- Ross' stages of grief that you would use with an elderly client who is faced with a terminal illness in their late adulthood. (10 marks)

QUESTION TWO (20 MARKS)

- a) Evaluate Eric Erickson's theory of psychosocial development. (10 marks)
- b) "Childhood experiences impact our adulthood and mental health positively and negatively," critic this statement in lifecycle development. (10 marks)

QUESTION THREE (20 MARKS)

- a) Discuss the importance of theories of development. (10 marks)
- b) Analyze the psychoanalytic theory of development and its influence on lifecycle development. (10 marks)

QUESTION FOUR (20 MARKS)

- a) Outline the five major theoretical perspectives used in lifecycle development (10 marks)
- b) Analyze Piaget's stages of cognitive development. (10 marks)

QUESTION FIVE (20 MARKS)

- a) Evaluate the three stages of prenatal development and how each stage affects the lifespan development of an infant. (10 marks)
- b) Discuss the early adulthood stage and its importance to lifecycle development (10 marks)