



# **MACHAKOS UNIVERSITY**

**University Examinations for 2021/2022 Academic Year**

**SCHOOL OF HUMANITIES AND SOCIAL SCIENCES**

**DEPARTMENT OF SOCIAL SCIENCES**

**FIRST YEAR SPECIAL/SUPPLEMENTARY EXAMINATION FOR**

**BACHELOR OF ARTS (COUNSELING PSYCHOLOGY)**

**BACHELOR OF ARTS (GENDER AND DEVELOPMENT)**

**BACHELOR OF ARTS**

**APS 201: PSYCHOLOGY OF PERSONALITY**

**DATE: 31/8/2022**

**TIME: 8.30-10.30 AM**

---

## **INSTRUCTIONS:**

**Answer Question One and Any Other Two Questions**

### **QUESTION ONE (30 MARKS)**

- a) Read each of the cases below and determine the defense mechanism associated with it (5 marks)
- i. Janice had wanted to give out her baby for adoption when she realized the baby was born without eyes. However, she decided to keep the baby after she was persuaded by her mother. She felt guilty about having wanted to give her out. As a result, she tried to prove her love by becoming overindulgent and overprotective of the child.
  - ii. Mrs. Kamau cannot understand why her husband has been so argumentative and irritable lately. It certainly is not her fault that he was not promoted at work.
  - iii. Mrs. Brown often accuses other women of talking too much and spreading rumors. It is rather obvious to those who know her that she is revealing her own inclinations in that area.
  - iv. John a second year student insists that he really does not care much for the taste of 'weed. However, he feels that he obliged to take weed with friends "just to be sociable."

- v. Mayuni an aggressive child, had problems in nursery school, as he would frequently fight with other children. Mayuni found when he entered high school that he could channel this hostility into sports such as baseball and wrestling.
- b)
  - i. What is the role of defense mechanisms according to Sigmund Freud?. Give an example of how this might happen? (5 marks)
  - ii From your own experience, discuss two defense mechanisms that you have ever used. (10 marks)
- c) Distinguish between positive and negative reinforcement as used in operant conditioning and give suitable examples. (10 marks)

### **QUESTION TWO (20 MARKS)**

Explain the psychosocial stages of human development according to Erik Erickson

### **QUESTION THREE (20 MARKS)**

- a) Discuss the view of personality development according to Abraham Maslow. (10 marks)
- b) Briefly describe the following personality traits and give suitable examples of how people with these traits may behave (10 marks)
  - i. Openness
  - ii. Extraversion
  - iii. Neuroticism

### **QUESTION FOUR (20 MARKS)**

- a) According to Carl Jung, there are two different attitude types: Describe these attitude types and give relevant examples. (8 marks)
- b) Carl Jung also maintained that there are four functions that control the way people view and act in the world. Discuss these four functions giving suitable examples. (12 marks)

### **QUESTION FIVE (20 MARKS)**

- a) What are some of the reasons that may cause a change in personality? (5 marks)
- b) What steps might one take in order change their personality. Explain using a suitable example. (5 marks)
- c) Discuss five methods of personality assessment. (10 marks)



# **MACHAKOS UNIVERSITY**

**University Examinations for 2021/2022 Academic Year**

**SCHOOL OF HUMANITIES AND SOCIAL SCIENCES**

**DEPARTMENT OF SOCIAL SCIENCES**

**FIRST YEAR SPECIAL/SUPPLEMENTARY EXAMINATION FOR**

**BACHELOR OF ARTS (COUNSELING PSYCHOLOGY)**

**BACHELOR OF ARTS (GENDER AND DEVELOPMENT)**

**BACHELOR OF ARTS**

**APS 201: PSYCHOLOGY OF PERSONALITY**

**DATE: 31/8/2022**

**TIME: 8.30-10.30 AM**

---

## **INSTRUCTIONS:**

**Answer Question One and Any Other Two Questions**

### **QUESTION ONE (30 MARKS)**

- a) Read each of the cases below and determine the defense mechanism associated with it (5 marks)
- i. Janice had wanted to give out her baby for adoption when she realized the baby was born without eyes. However, she decided to keep the baby after she was persuaded by her mother. She felt guilty about having wanted to give her out. As a result, she tried to prove her love by becoming overindulgent and overprotective of the child.
  - ii. Mrs. Kamau cannot understand why her husband has been so argumentative and irritable lately. It certainly is not her fault that he was not promoted at work.
  - iii. Mrs. Brown often accuses other women of talking too much and spreading rumors. It is rather obvious to those who know her that she is revealing her own inclinations in that area.
  - iv. John a second year student insists that he really does not care much for the taste of 'weed. However, he feels that he obliged to take weed with friends "just to be sociable."

- v. Mayuni an aggressive child, had problems in nursery school, as he would frequently fight with other children. Mayuni found when he entered high school that he could channel this hostility into sports such as baseball and wrestling.
- b)
  - i. What is the role of defense mechanisms according to Sigmund Freud?. Give an example of how this might happen? (5 marks)
  - ii From your own experience, discuss two defense mechanisms that you have ever used. (10 marks)
- c) Distinguish between positive and negative reinforcement as used in operant conditioning and give suitable examples. (10 marks)

### **QUESTION TWO (20 MARKS)**

Explain the psychosocial stages of human development according to Erik Erickson

### **QUESTION THREE (20 MARKS)**

- a) Discuss the view of personality development according to Abraham Maslow. (10 marks)
- b) Briefly describe the following personality traits and give suitable examples of how people with these traits may behave (10 marks)
  - i. Openness
  - ii. Extraversion
  - iii. Neuroticism

### **QUESTION FOUR (20 MARKS)**

- a) According to Carl Jung, there are two different attitude types: Describe these attitude types and give relevant examples. (8 marks)
- b) Carl Jung also maintained that there are four functions that control the way people view and act in the world. Discuss these four functions giving suitable examples. (12 marks)

### **QUESTION FIVE (20 MARKS)**

- a) What are some of the reasons that may cause a change in personality? (5 marks)
- b) What steps might one take in order change their personality. Explain using a suitable example. (5 marks)
- c) Discuss five methods of personality assessment. (10 marks)



# **MACHAKOS UNIVERSITY**

**University Examinations for 2021/2022 Academic Year**

**SCHOOL OF HUMANITIES AND SOCIAL SCIENCES**

**DEPARTMENT OF SOCIAL SCIENCES**

**FIRST YEAR SPECIAL/SUPPLEMENTARY EXAMINATION FOR**

**BACHELOR OF ARTS (COUNSELING PSYCHOLOGY)**

**BACHELOR OF ARTS (GENDER AND DEVELOPMENT)**

**BACHELOR OF ARTS**

**APS 201: PSYCHOLOGY OF PERSONALITY**

**DATE: 31/8/2022**

**TIME: 8.30-10.30 AM**

---

## **INSTRUCTIONS:**

**Answer Question One and Any Other Two Questions**

### **QUESTION ONE (30 MARKS)**

- a) Read each of the cases below and determine the defense mechanism associated with it (5 marks)
- i. Janice had wanted to give out her baby for adoption when she realized the baby was born without eyes. However, she decided to keep the baby after she was persuaded by her mother. She felt guilty about having wanted to give her out. As a result, she tried to prove her love by becoming overindulgent and overprotective of the child.
  - ii. Mrs. Kamau cannot understand why her husband has been so argumentative and irritable lately. It certainly is not her fault that he was not promoted at work.
  - iii. Mrs. Brown often accuses other women of talking too much and spreading rumors. It is rather obvious to those who know her that she is revealing her own inclinations in that area.
  - iv. John a second year student insists that he really does not care much for the taste of 'weed. However, he feels that he obliged to take weed with friends "just to be sociable."

- v. Mayuni an aggressive child, had problems in nursery school, as he would frequently fight with other children. Mayuni found when he entered high school that he could channel this hostility into sports such as baseball and wrestling.
- b)
  - i. What is the role of defense mechanisms according to Sigmund Freud?. Give an example of how this might happen? (5 marks)
  - ii From your own experience, discuss two defense mechanisms that you have ever used. (10 marks)
- c) Distinguish between positive and negative reinforcement as used in operant conditioning and give suitable examples. (10 marks)

### **QUESTION TWO (20 MARKS)**

Explain the psychosocial stages of human development according to Erik Erickson

### **QUESTION THREE (20 MARKS)**

- a) Discuss the view of personality development according to Abraham Maslow. (10 marks)
- b) Briefly describe the following personality traits and give suitable examples of how people with these traits may behave (10 marks)
  - i. Openness
  - ii. Extraversion
  - iii. Neuroticism

### **QUESTION FOUR (20 MARKS)**

- a) According to Carl Jung, there are two different attitude types: Describe these attitude types and give relevant examples. (8 marks)
- b) Carl Jung also maintained that there are four functions that control the way people view and act in the world. Discuss these four functions giving suitable examples. (12 marks)

### **QUESTION FIVE (20 MARKS)**

- a) What are some of the reasons that may cause a change in personality? (5 marks)
- b) What steps might one take in order change their personality. Explain using a suitable example. (5 marks)
- c) Discuss five methods of personality assessment. (10 marks)