



MACHAKOS UNIVERSITY

University Examinations 2022/2023

SCHOOL OF EDUCATION

DEPARTMENT OF EARLY CHILDHOOD EDUCATION COMMUNICATION AND
TECHNOLOGY

FIRST YEAR SECOND SEMESTER EXAMINATION FOR
BACHELOR OF EDUCATION (EARLY CHILDHOOD EDUCATION)

ECE 114: HEALTH EDUCATION AND PRACTICES.

DATE:

TIME:

INSTRUCTIONS

ANSWER QUESTION ONE and any other TWO QUESTIONS

QUESTION ONE (COMPULSORY) 30 MARKS

- a) Describe the following terms as used in health education practices
- Malnutrition
 - Health
 - Primary health care
 - First aid
 - Health education (5 marks)
- b) Briefly explain three factors that affect the health needs of any given community (3 marks)
- c) Discuss the successes of Bamako Initiative as a health programme (9 marks)
- d) Name three types of refuse and refuse disposal methods (6 marks)
- e) State the five immunizable diseases and the importance of immunization (5 marks)
- f) Discuss two simple health practices that can be initiated in schools to ensure good health (2 marks)

QUESTION TWO (20 MARKS)

- a) Using examples, discuss physical needs of children (10 marks)
- b) Explain how a teacher can maintain children's mental health in a classroom situation (5 marks)

- c) Outline some of the causes of emotional stress in children (5 marks)

QUESTION THREE (20 MARKS)

- a) Children spend most of their early life in schools with teacher's state some of the personal hygiene practices that school administration can enforce to achieve and maintain health (10 marks)
- b) Describe the following common children hood diseases (10 marks)
- i. Common cold
 - ii. Malaria
 - iii. Sore throat
 - iv. Mumps
 - v. Diarrhea

QUESTION FOUR (20 MARKS)

- a) Control and prevention of malaria is dependent on the community's commitment Giving valid examples, elaborate on this statement. (10 marks)
- b) Growth and development of a healthy foetus is dependent on maternal care throughout pregnancy. Discuss. (10 marks)

QUESTION FIVE (20 MARKS)

- a) Outline the advantages and disadvantages of traditional birth attendants (TBA'S) (6 marks)
- b) Discuss the disadvantages of delivering at home (3 marks)
- c) Disadvantages of delivering using forceps in difficult delivery (3 marks)
- d) Define difficult delivery and give examples of causes of difficult delivery (3 marks)
- e) Briefly explain the following deficiency disorders using valid examples for each
- i. Iron deficiency
 - ii. Vitamin A deficiency
 - iii. Iodine deficiency
 - iv. Protein energy deficiency
 - v. Kwashiorkor (5 marks)