



MACHAKOS UNIVERSITY

University Examinations for 2022/2023 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

THIRD YEAR FIRST SEMESTER EXAMINATION BACHELOR OF ARTS

APS 300 INTRODUCTION TO PRACTICIUM

Date:

Time:

INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS.

QUESTION ONE (30 MARKS)

- (a) Define the term practicum (1 mark)
- (b) Outline the sequence of counselling training (5 marks)
- (c) Describe the process practicum students go through during learning development (4 marks)
- (d) Outline the five stages of structuring an interview (10 marks)
- (e) Describe the process the practicum students go through during supervision process (10 marks)

QUESTION TWO (20 MARKS)

- (a) Demonstrate an understanding of the contents of the initial intake form (10 marks)
- (b) Analyse the guidelines for an initial interview (10 marks)

QUESTION THREE (20 MARKS)

- (a) Discuss the basic helping skills used in gathering background history (10 marks)
- b) Describe the types of assessment you would advise a fellow counsellor to engage in when collecting data (10marks)

QUESTION FOUR (20 MARKS)

- 4 (a) Discuss on the ways to implement deep breathing technique.(10 marks)

(b) Demonstrate an understanding of the application of the scaling technique to a current client you are working with in the counselling session (10 marks)

QUESTION FIVE (20 MARKS)

5 (a) Discuss the implementation of the problem free talk techniques (10 marks)

(b). Describe the origin of the miracle question (10 marks)