



# MACHAKOS UNIVERSITY

University Examination For 2021/2022 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SECOND SEMESTER EXAMINATION FOR BACHELOR OF ARTS

APS & EPS 100: INTRODUCTION TO PSYCHOLOGY SUPP/SPECIAL EXAM

**Date:**

**Time:**

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**INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS.**

**QUESTION ONE (30 MARKS)**

- a) Define the following terms as they are used in psychology (6 marks)
- i) Psychology
  - ii) Mental processes
  - iii) Behaviour
- b) Differentiate between nature and nurture as psychological concepts. (4 marks)
- c) Discuss four specific goals of studying psychology. (12 marks)
- d) Describe the following types of phobias (8 marks)
- i. Acrophobia
  - ii. Agoraphobia
  - iii. Claustrophobia
  - iv. Hydrophobia

**QUESTION TWO (20 MARKS)**

- a) Explain the main emphasis of each of the following perspectives of psychology. (8marks)
- i. Humanistic
  - ii. Psychoanalytic
  - iii. Cognitive
  - iv. Behavioural

b) Describe six branches of modern psychology. (12 marks)

**QUESTION THREE (20 MARKS)**

a) Describe the process of the formation of identical twins. (8 marks)

b) Outline six characteristics of Turner's syndrome. (6 marks)

c) Explain the principles behind the following perceptual groupings (6 marks)

- i. Proximity
- ii. Similarity
- iii. Closure

**QUESTION FOUR (20 MARKS)**

a) Discuss the factors that should be considered before punishment is administered (8 marks)

b) Distinguish between physiological and psychological needs. (4 marks)

c) Giving examples of each, differentiate between environmental and personal obstacles. (12 marks)

**QUESTION FIVE (20 MARKS)**

a) Discuss the four different types of conflicts in psychology. (12 marks)

b) Giving two examples of each, differentiate between psychosis and neurosis. (8 marks)