



# MACHAKOS UNIVERSITY

University Examinations 2017/2018

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

THIRD YEAR SECOND SEMESTER EXAMINATION FOR BACHELOR OF ARTS

APS 303: PSYCHOLOGY OF ADOLESCENCE

DATE: 4/12/2017

TIME: 11:00 – 1:00 PM

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**INSTRUCTIONS:**

**Answer questions ONE and any other TWO questions.**

1. a) Define the term Adolescence as used in Psychology. (4 marks)  
b) Explain the aim of studying adolescent Psychology. (10 marks)  
c) The adolescent stage is important in development, explain Five factors that may affect this stage. (10 marks)  
d) Discuss Eric Erickson's stage of development for adolescents. (6 marks)
2. a) Every adolescent is expected to experience different physical changes during the adolescent stage, explain how you would help an adolescent who does not experience these changes and has developed psychological stress. (10 marks)  
b) Suicide in adolescence has become a challenge in our universities, briefly explain how you would help the administration of a college to overcome this issue (10 marks)
3. a) Discuss the emotional changes that occur in an adolescents. (10 marks)  
b) Explain any **five** benefits of counseling an adolescent struggling with drug use (10 marks)
4. a) Strikes in our schools have become a common problem, discuss ways that can be used to curb this challenge. (10 marks)  
b) Explain with relevant examples, how as a student studying Psychology, you would psycho-educate parents of an adolescent who is struggling with drugs (10 marks)
5. a) Discuss five issues that are faced by adolescent girls in school. (10 marks)  
b) Explain how you as a psychologist would help an adolescent boy cope with the divorce of his parents which seems to be affecting his performance in school. (10 marks)