



MACHAKOS UNIVERSITY

University Examinations 2016/2017

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

FOURTH YEAR FIRST SEMESTER EXAMINATION FOR BACHELOR OF ARTS

APS 420: FAMILY PSYCHOLOGY

DATE: 25/7/2017

TIME: 8:30 – 10:30 AM

INSTRUCTIONS

Answer Question One and Any Other Two Questions

1.
 - a) Explain the relationship between systems and subsystems in a family. (10 marks)
 - b) Consider the overall impact of the rules that you have been exposed to by your parents. How have these rules influenced your self-worth and your potential to succeed in life (10 marks)
 - c) Discuss the importance of family in shaping an individual's values (10 marks)

2. We are born with the basics for developing "self" but the level of self we achieve is determined mostly by our family relationship during childhood and adolescence.
 - a) In what significant ways do you see yourself as being psychologically separate from your family of origin? (10 marks)
 - b) Discuss ways in which you see yourself psychologically fused with your family of origin. (10 marks)

3.
 - a) Discuss the following as used in family Psychology (10 marks)
 - i) Boundaries
 - ii) Identified patient
 - iii) Family
 - iv) Family therapy
 - v) Enmeshment
 - b) Explain the contributions of the systematic therapy perspective. (10 marks)

4. a) Discuss five ways in which a therapist can intervene in the therapy process to help in interaction between an individual and the entire family. (10 marks)
- b) Explain five disadvantages of this intervention in family therapy. (10 marks)
5. “When parents have difficulty allowing their children to grow up and fail to relate with them as adults after they have reached adulthood, boundaries have been invaded and violated.” Analyse this statement. (20 marks)