



MACHAKOS UNIVERSITY

University Examinations 2018/2019

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

FOURTH YEAR SECOND SEMESTER EXAMINATION FOR

BACHELOR OF ARTS

APS 424: PROFESSIONAL ISSUES AND ETHICS

DATE: 7/5/2019

TIME: 8.30-10.30 AM

INSTRUCTIONS

Answer Question One and any other Two Questions

QUESTION ONE (30 MARKS) (COMPULSORY)

- a) Discuss five guidelines for achieving maximum self-awareness. (10 marks)
- b) Explain five personal qualities to which counsellors and psychotherapists are encouraged to aspire to. (10 marks)
- c) Explain the following guidelines for ethical practice in research. (10 marks)
 - i. Confidentiality
 - ii. Harm to participants
 - iii. Informed consent
 - iv. Deception
 - v. Plagiarism or fraud

QUESTION TWO (20 MARKS)

- a) Discuss the various types of dual relationships which are likely to occur during counselling. (10 marks)
- b) Explore five principles of practice that can help a counsellor to be able to work successfully in multicultural counselling. (10 marks)

QUESTION THREE (20 MARKS)

- a) Discuss the reasons for the need to keep the clients' records. (8 marks)
- b) Explain ways of ensuring maximum confidentiality of clients' information. (12 marks)

QUESTION FOUR (20 MARKS)

- a) Discuss the reasons that make informed consent an important tool in the counselling profession. (6 marks)
- b) Differentiate between ethical codes and ethical dilemmas. (4 marks)
- c) Discuss ways through which counsellors may avoid imposing their values on clients. (10 marks)

QUESTION FIVE (20 MARKS)

- a) Define the term malpractice. (2 marks)
- b) Explore four different types of malpractice. (12 marks)
- c) Explain instances when confidentiality may be breached. (6 marks)