



MACHAKOS UNIVERSITY

University Examinations 2018/2019

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

THIRD YEAR SECOND SEMESTER EXAMINATION FOR

BACHELOR OF ARTS

APS 303: ADOLESCENCE PSYCHOLOGY

DATE: 23/4/2019

TIME: 8.30-10.30 AM

INSTRUCTIONS

Answer Question One and any other Two Questions

QUESTION ONE (30 MARKS)

- a) Define the term teenage as used in Psychology. (4 marks)
- b) Discuss the Psychosocial theory of Erick Erikson showing how it accounts for adolescence development. (10 marks)
- c) Analyze **five** factors that may affect the development of an adolescent. (10 marks)
- d) Evaluate Sigmund Freud's genital stage of development in relation to adolescents. (6 marks)

QUESTION TWO (20 MARKS)

- a) Discuss the emotional changes that occur in adolescent girls. (10 marks)
- b) Explain **five** benefits of counseling an adolescent who could be struggling to come to terms with the death of a loved one. (10 marks)

QUESTION THREE (20 MARKS)

- a) Distinguish the physical changes in adolescent boys and girls. (10 marks)
- b) Discuss the importance of theories in adolescence psychology. (10 marks)

QUESTION FOUR (20 MARKS)

- a) Burning of schools has become a common problem in Kenya. Discuss ways that can be used to curb this challenge. (10 marks)
- b) Explain with relevant examples, how as a student studying Psychology, you would psycho-educate parents of an adolescent who is struggling with alcohol addiction. (10 marks)

QUESTION FIVE (20 MARKS)

- a) Discuss five challenges that are faced by adolescent boys in school. (10 marks)
- b) Explain the importance of play in cognitive development according to Piaget. (10 marks)