



MACHAKOS UNIVERSITY COLLEGE

(A Constituent College of Kenyatta University)

University Examinations 2015/2016

SCHOOL OF EDUCATION

DEPARTMENT OF EARLY CHILDHOOD EDUCATION

SECOND SEMESTER EXAMINATION FOR DIPLOMA IN EDUCATION

EPS 0202: INTRODUCTION TO GUIDANCE AND COUSELLING

Date:

Time:

INSTRUCTIONS

This paper consists of FIVE questions

Answer ALL questions

1. (a) Define the following terms (10 marks)
2. (i) Guidance
(ii) Counselling
(iii) Counsellor
(iv) Counsellee
(v) Raport

(b) Explain four distinctions between guidance and couselling (10 marks)

(c) Discuss the causes of drug and substance abuse among the youth. (10 marks)
3. Discuss emotional and Psychological problems which affect students in Secondary Schools (20 marks)
4. You have been invited as a facilitator to a seminar where class teachers are being sentitized on the significance of guidance and counseling in school within your location. Discuss your presentation. (20 marks)

5. Describe five instances when confidentiality can be broken. (20 marks)
6. Give examples of situations when a counselor can use the following techniques (20 marks)
- (i) Active listening
 - (ii) Observation
 - (iii) Questions
 - (iv) Self Disclosure