



**MACHAKOS UNIVERSITY  
SCHOOL OF HUMANITIES  
CERTIFICATE EXAMINATION IN SOCIAL WORK AND COMMUNITY  
DEVELOPMENT**

**DATE: April 2019**

**TIME:**

**INSTRUCTIONS**

**Attempt ANY five questions.**

**HUMAN GROWTH AND DEVELOPMENT**

1. (a) Distinguish between the terms ‘Growth’ from “development”. (4 marks)
- (b) Describe the process of growth to maturity. (16 marks)
2. (a) Explain five Branches of psychology (10 marks)
- (b) Explain three human development theories applicable in social work (10marks)
3. (a) Describe the stages of motor development in children from year one to five years (10marks)
- (b) Describe the factors that influence human behaviour with examples. (10 marks)
4. (a) Explain five factors affecting personality development in human beings. (10 marks)
- (b) Describe any five (5) pre-speech forms of communication in infancy. (10 marks)
5. (a) Explain defense mechanisms (20 marks)
6. (a) Citing examples explain how psychology and social work are interrelated (10 marks).
- (b) Explain the different principles of human development. (10 marks).