



MACHAKOS UNIVERSITY

University Examinations 2018/2019

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

FIRST YEAR FIRST/SECOND SEMESTER EXAMINATION FOR

CRAFT CERTIFICATE IN SOCIAL WORK

1410/204/CH: COMMUNITY HEALTH

DATE: 24/4/2019

TIME: 8.30-11.30 AM

INSTRUCTIONS

Answer ALL the questions

MACHAKOS UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

CRAFT CERTIFICATE IN SOCIAL WORK

COMMUNITY HEALTH

3 hours

DATE: 15/4/2019

TIME: 2.30-5.30 PM

INSTRUCTIONS TO CANDIDATES

Answer ALL the questions

1. a) Explain the following terms:-
 - (i) Community Health (2 marks)
 - (ii) Adult Education (2 marks)

- b) List three advantages of breastfeeding (3 marks)
- c) Health is multi-dimensional. Explain five of these dimensions. (10 marks)
- d) Outline three reasons for family planning. (3 marks)
- 2. a) Highlight five reasons why our bodies require energy giving foods. (5 marks)
- b) Identify five strategies used to promote health in Kenya today. (5 marks)
- c) Explain five challenges facing adult education programmes in Kenya. (10 marks)
- 3. a) Outline five advantages of using discussion as a method used in teaching Adult learners. (5 marks)
- b) Identify five uses of water. (5 marks)
- c) State five goals of community diagnosis. (5 marks)
- d) Explain five steps involved in community diagnosis process. (10 marks)
- 4. a) State five elements of primary Health Care. (5 marks)
- b) Explain five principles of primary Health Care. (10 marks)
- c) Highlight five characteristics of Adult education learners. (5 marks)
- 5. a) Identify five signs and symptoms of kwashiorkor. (5 marks)
- b) Explain five things an expectant mother should avoid. (10 marks)
- c) Outline five sources of lipids. (5 marks)