



MACHAKOS UNIVERSITY

University Examinations 2017/2018

SCHOOL OF EDUCATION

DEPARTMENT OF EDUCATIONAL PSYCHOLOGY, SPECIAL NEEDS EDUCATION
AND EARLY CHILDHOOD EDUCATION

FOURTH YEAR FIRST SEMESTER EXAMINATION FOR BACHELOR OF
EDUCATION (EARLY CHILDHOOD EDUCATION)

ECE 418: GUIDANCE AND COUNSELING

DATE: 15/12/2017

TIME: 11.00-1.00 PM

INSTRUCTIONS

Answer Question One and Any Other Two Questions

1. a) Define the following terms (8 marks)
 - i. Counseling
 - ii. Guidance
 - iii. Unconditional positive regard
 - iv. Counselee
- b) Explain five general techniques applied in guidance (8 marks)
- c) Outline three advantages of carrying out group counseling (6 marks)
- d) Highlight the role played by career counselor in life of young person (8 marks)
2. a) Highlight challenges you would encounter when carrying out group counseling (10 marks)
- b) Explain the meaning of silence in the process of counseling (10 marks)
3. a) Discuss three non-verbal behaviors a counselor may convey to her client (6 marks)
- b) Highlight four basic principles of counseling (4 marks)
- c) Explain circumstance under which a counselor may refer client to another counselor (10 marks)

4.
 - a) As a teacher identify key issues among students which will call for intervention through counseling (10 marks)
 - b) In light with historical development of guidance and counseling, describe five experts tasked with counseling during the middle age period (10 marks)
5. Discuss one theory of counseling under the following headings (20 marks)
 - a) View of human nature
 - b) Goals of a counselor
 - c) Major techniques used in counseling