MACHAKOS UNIVERSITY

University Examinations 2018/2019

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF FASHION DESIGN

FIRST YEAR SPECIAL/SUPPLEMENTARY EXAMINATION FOR

BACHELOR OF SCIENCE IN COMMUNITY RESOURCE MANAGEMENT

HCM 209: FAMILY HEALTH

DATE: 25/9/2019 **TIME: 2:00 – 4:00 PM**

INSTRUCTIONS

This paper consists of **FIVE** questions
Answer **Question 1** and any other **TWO** question
Question 1 carries 30 marks
Question 2 -5 carry 20 marks each

1. a) Define the following terms
   i) Family health (2 marks)
   ii) Disease etiology (2 marks)
   b) Explain three main social factors influencing health in a family (3 marks)
   c) Outline three (3) problems experienced by families with substance addiction. (3 marks).
   d) Highlight two (2) ways by which cholera is spread in a community (4 marks)
   e) Explain two (2) ways in which a family can function a health unit (4 marks)
   f) Highlight four (4) ways in which a HIV / AIDS infected person can benefit from Home Based Care. (4 marks)
   g) Explain two (2) health related challenges that adolescent experience. (4 marks)
   h) Using examples differentiate between communicable and non-communicable disease (4 marks)

2. John works with a reproductive health organization. Discuss five 5 ways through which he can promote good maternal and child health. (20 marks)

3. As a director of a Health based organization explore the risk factors and prevention of type 2 diabetes. (20 marks)

4. You are tasked with the responsibilities of sensitizing your community on family Health. Using examples elaborate five (5) indicators of family health. (20 marks)

5. Suggesting ways of Healthy living, explain to your classmates the four environmental influences to health. (20 marks)