



MACHAKOS UNIVERSITY COLLEGE

(A Constituent College of Kenyatta University)

University Examinations for 2015/2016 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

FIRST SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF
EDUCATION (ARTS)

APS 201: PSYCHOLOGY OF PERSONALITY

DATE: 9/8/2016

TIME: 8:30 – 10:30 am

INSTRUCTIONS.

Answer Question One and any other TWO questions.

1. a) Define the following concepts as used in psychology.
 - i. Person (2 marks)
 - ii. Temperament (2 marks)
 - iii. Personality (2 marks)
 - iv. Personality traits (2 marks)
 - v. Character (2 marks)
- b) Describe six components of a standard personality theory. (12 marks)
- c) Explain how you would assist a child avoid fixation at the oral, anal, phallic and genital stages of development. (8 marks)
2. a) Highlight five characteristics of the following:
 - i. A well-adjusted personality (5 marks)
 - ii. A maladjusted personality (5 marks)
- b) Discuss how physical features influence personality development. (10 marks)

3. a) Define the term ego defense mechanism. (2 marks)
- b) Explain the importance of defense mechanisms according to Freud. (4 marks)
- c) Discuss four types of defense mechanisms clearly outlining their cause. (14 marks)
4. a) Outline four causes of psychopathology according to Carl Jung. (4 marks)
- b) Describe the building blocks of our personality according to Adler. (4 marks)
- c) In his social learning theory, 'Albert Bandura' exposes key human abilities. Discuss any five of them. (12 marks)
5. a) Explain our major factors in human motivation according to Alfred Adler. (8 marks)
- b) Discuss four causes of psychopathology according to Sigmund Freud. (8 marks)
- c) Outline four goals of counseling according to Adler. (4 marks)