



MACHAKOS UNIVERSITY

University Examinations 2017/2018

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

THIRD YEAR SECOND SEMESTER EXAMINATION FOR BACHELOR OF ARTS

APS 317: GROUP DYNAMICS

DATE: 11/12/2017

TIME: 2:00 – 4:00 PM

INSTRUCTIONS:

Answer Question ONE and any other TWO questions

1. a) Define the following terms (10 marks)
 - i) Appropriate disclosure
 - ii) Group dynamics
 - iii) Group dependency
 - iv) Group therapy
 - v) Monopolistic behavior
- b) Discuss the importance of group cohesiveness in relation to therapy. (10 marks)
- c) Explain how a domineering member can be handled in a group without causing conflict. (10 marks)
2. a) Explain the following types of groups (10 marks)
 - i) Support groups
 - ii) Functional groups
- b) Discuss how a therapist can terminate a therapeutic group. (10 marks)
3. a) Discuss five characteristics of counseling groups. (10 marks)
- b) Distinguish between a group and a team. (10 marks)
4. a) Giving examples, discuss how a group can formulate specific goals for a therapy group. (10 marks)
- b) As a group leader, explain the procedure you would use to formulate a personal growth group. (10 marks)
5. a) Discuss the importance of maintaining confidentiality in a group. (10 marks)
- b) Explain five **advantages** and **disadvantages** of core- leadership in a group. (10 marks)