



MACHAKOS UNIVERSITY
University Examinations for 2019/2020 Academic Year

SCHOOL OF EDUCATION
DEPARTMENT OF EARLY CHILDHOOD
4TH YEAR 2ND SESSION EXAMINATION

BACHELOR OF EDUCATION (EARLY CHILDHOOD EDUCATION)

ECE 408: MATERNAL AND CHILD NUTRITION

DATE:

TIME:

INSTRUCTIONS

Answer question ONE and any other TWO questions

Question One

The rapid spread of COVID 19 virus has caused a lot of panic among many nations in the world. Kenya has not been left out causing the government to put strict measures in place in trying to contain the pandemic. All schools, colleges and universities were ordered to close before the end of first term. All teachers, teacher trainees and children are at home and nobody knows when things will return to normalcy.

- Assess the impact of COVID 19 virus on Early Childhood Education in Kenya (12 marks).
- Develop measures you would put in place to prevent spread of above mentioned virus in your school (10marks).
- Examine any four factors that prevent women from accessing health care services within your country (8 marks).

Question Two

- Citing relevant examples, analyze components of lactating mothers diet (12 marks)
- Examine importance of breast milk on infants (8marks).

Question Three

- Design any five steps you would apply to reduce food insecurity in your country (10 marks)
- Evaluate effects of food security on pre-primary school children in your country.(10 marks)

Question Four

Food allergies involve numerous signs and symptoms ranging from mild and annoying to severe and life threatening. Support the view (20 marks)

Question five

- a) You are planning to facilitate in a workshop whose theme is “**tips of successful weaning**”. Develop notes that you will follow during your presentation. (12 marks)
- b) Critically examine any four minerals that are essential in prevention of micronutrient deficiencies among young children (8 marks)