



MACHAKOS UNIVERSITY

University Examinations 2019/2020 Academic year

SCHOOL OF HEALTH SCIENCES

DEPARTMENT OF PUBLIC AND COMMUNITY HEALTH

FIRST/SECOND YEAR FIRST SEMESTER EXAMINATION FOR

BACHELOR OF SCIENCE IN COMMUNITY RESOURCE MANAGEMENT

HCM 109: HUMAN DEVELOPMENT

DATE: 11/12/2019

TIME: 2.00-4.00 PM

INSTRUCTIONS:

This paper consists of two sections A and B

Section A is compulsory

Section B choose any two (2) questions

SECTION A. COMPULSORY (30 MARKS)

QUESTION ONE (30 MARKS)

- a) Define the following terms in relation to human development. (3 marks)
 - i. Development
 - ii. Growth
 - iii. Theory
- b) Explain holistic systems perspective to human development. (3 marks)
- c) Briefly explain the objectives of Erickson's theory of psychosocial development. (3 marks)
- d) Describe the three components of personality according to Sigmund Freud. (3 marks)
- e) Explain the three stages of prenatal growth. (3 marks)
- f) Describe the systematic changes and continuities that occur during development of human beings. (3 marks)
- g) Explain how maternal characteristics also influence prenatal development. (3 marks)
- h) Describe the relationship of hereditary and environmental factors in the development of personality. (3 marks)
- i) Identify the importance of work to psychological well being. (3 marks)

- j) Highlight why parents of adolescents who use democratic practices with frequent explanations for rules foster responsible and independent children. (3 marks)

SECTION B:

Specific Instructions

- **This section has four (4) question**
- **Answer any two (2) questions**
- **Each question is 20 Marks**

QUESTION TWO (20 MARKS)

- a) Aisha aged 78 years, fell and broke her hip a year ago and has become overly dependent on her daughter for help ever since, even though she can get around quite well. How does Freud or Erickson explain her age old dependency. (10 marks)
- b) Discuss the correlation between gene and environment in developmental mechanisms. (10 marks)

QUESTION THREE (20 MARKS)

- a) Jane is an Ante Natal Care counselor advising a group of expectant mothers at Upendo hospital. Discuss the potential problems to the baby at birth that Jane will present to the mothers. (10 marks)
- b) Describe Bronfenbrenner ecological systems theory in relation to environment and human interaction. (10 marks)

QUESTION FOUR (20 MARKS)

- a) Teenagers always want to feel a sense of belonging. Describe functions of peer grouping during this period. (10 marks)
- b) Discuss how most grandparents relate with their grandchildren. (10 marks)

QUESTION FIVE (20 MARKS)

- a) Describe the theories for successful aging and give their strengths and weaknesses. (10 marks)
- b) Discuss general characteristics that you can see in early adolescents in the community. (10 marks)