



MACHAKOS UNIVERSITY

University Examinations for 2024/2025 Academic Year

**SCHOOL OF EDUCATION
DEPARTMENT OF EDUCATIONAL PSYCHOLOGY AND SPECIAL NEEDS
EDUCATION**

**FIRST YEAR FIRST SEMESTER EXAMINATION FOR
POSTGRADUATE DIPLOMA IN EDUCATION EXAMINATIONS**

EPS713: MENTORING AND COUNSELING IN SCHOOLS

DATE: 17TH JANUARY, 2025

TIME: 2.00 PM – 4.30 PM

INSTRUCTIONS:

*Answer question **ONE** (Compulsory) and any other **TWO** questions*

QUESTION ONE (30 MARKS)

- a) Define the term mentoring. **(2 Marks)**
- b) Describe **Four** circumstances under which a counselor may refer a client. **(8 Marks)**
- c) Describe **Five** basic principles of guidance. **(10 Marks)**
- d) You been nominated by the principal **Machakos Boys High School** to develop a school mentorship program for the school. The development and implementation of the program is within the school terms of reference (**TOR**). Discuss how you will run a successful school mentoring program. **(10 Marks)**

QUESTION TWO (15 MARKS)

- a) Discuss **Five** Ethical Principles in mentoring relationship process. **(10 Marks)**
- b) Identify the **Five** factors that influence individual's vocational choices. **(5 Marks)**

QUESTION THREE (15 MARKS)

- a) Discuss **Four** stages of a Mentor-Mentee relationship during mentorship process. **(8 Marks)**
- b) Explain **Four** responsibilities of a mentee. **(7 Marks)**

QUESTION FOUR (15MARKS)

- a) Explain **Five** Communication skills a mentor should possess in order to communicate effectively during the mentorship or counseling relationship with a mentee or client.
(10 Marks)
- b) Briefly describe the following Counseling skills
- | | | |
|-------|------------------|----------|
| (i) | Active Listening | (1 Mark) |
| (ii) | Structuring | (1 Mark) |
| (iii) | Immediacy | (1 Mark) |
| (iv) | Concreteness | (1 Mark) |
| (v) | Paraphrasing | (1 Mark) |

QUESTION FIVE (15MARKS)

- a) Explain how Counseling relationship can be terminated during the counseling process.
(5 Marks)
- b) Classify **Five** characteristics of Donald Super's life and career development Stages
(10 Marks)