MACHAKOS UNIVERSITY

University Examinations for 2024/2025 Academic Year

SCHOOL OF EDUCATION
DEPARTMENT OF EDUCATIONAL PSYCHOLOGY AND SPECIAL NEEDS EDUCATION

FIRST YEAR FIRST SEMESTER EXAMINATION FOR POSTGRADUATE DIPLOMA IN EDUCATION EXAMINATIONS

EPS713: MENTORING AND COUNSELING IN SCHOOLS

DATE: 17TH JANUARY, 2025 **TIME: 2.00 PM – 4.30 PM**

INSTRUCTIONS:
*Answer question **ONE (Compulsory)** and **any other TWO** questions*

QUESTION ONE (30 MARKS)

a) Define the term mentoring. **(2 Marks)**

b) Describe **Four** circumstances under which a counselor may refer a client. **(8 Marks)**

c) Describe **Five** basic principles of guidance. **(10 Marks)**

d) You been nominated by the principal **Machakos Boys High School** to develop a school mentorship program for the school. The development and implementation of the program is within the school terms of reference (**TOR**). Discuss how you will run a successful school mentoring program. **(10 Marks)**

QUESTION TWO (15 MARKS)

a) Discuss **Five** Ethical Principles in mentoring relationship process. **(10 Marks)**

b) Identify the **Five** factors that influence individual's vocational choices. **(5 Marks)**

QUESTION THREE (15 MARKS)

a) Discuss **Four** stages of a Mentor-Mentee relationship during mentorship process. **(8 Marks)**

b) Explain **Four** responsibilities of a mentee. **(7 Marks)**

QUESTION FOUR (15MARKS)

a) Explain **Five** Communication skills a mentor should possess in order to communicate effectively during the mentorship or counseling relationship with a mentee or client.

(10 Marks)

b) Briefly describe the following Counseling skills

(i) Active Listening **(1 Mark)**

(ii) Structuring **(1 Mark)**

(iii) Immediacy **(1 Mark)**

(iv) Concreteness **(1 Mark)**

(v) Paraphrasing **(1 Mark)**

QUESTION FIVE (15MARKS)

a) Explain how Counseling relationship can be terminated during the counseling process.

(5 Marks)

b) Classify **Five** characteristics of Donald Super's life and career development Stages

(10 Marks)