



# MACHAKOS UNIVERSITY

University Examinations 2019/2020 Academic year

SCHOOL OF HEALTH SCIENCES

DEPARTMENT OF PUBLIC AND COMMUNITY HEALTH

SECOND YEAR SECOND SEMESTER EXAMINATION FOR

BACHELOR OF SCIENCE IN COMMUNITY RESOURCE MANAGEMENT

HCM 209: FAMILY HEALTH

DATE: 27/11/2020

TIME: 2.00-4.00 PM

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## INSTRUCTIONS

This paper consists of two sections A and B

### SECTION A

#### Specific Instructions

- This section has one question
- The question is **COMPULSORY**
- The question is 30 Marks

### QUESTION ONE (30 MARKS)

- Explain the influence of
  - Genes on family health (3 marks)
  - Community resources on family health (3 marks)
- Elaborate on the role of family
  - in educating its members (3 marks)
  - In promoting health among its members (3 marks)
- Identify ways of maintaining healthy communication in a family (3 marks)
- Outline characteristics of a family in the contracting stage (3 marks)
- Explain the causes of health risk behaviors among the adolescence girls (3 marks)
- Identify barriers to adequate health care provision among the vulnerable population a community (3 marks)

- g) Outline symptoms of Dengue Hemorrhagic Fever (3 marks)
- h) Explain three (3) characteristics of a foster family (3 marks)

## **SECTION B:**

### **Specific Instructions**

- This section has four (4) question
- Answer any two (2) questions
- Each question is 20 Marks

### **QUESTION TWO (20 MARKS)**

Mr. and Mrs. Kamau are residents of Nairobi town. They have a son aged 21 years, daughter 18 years and another son 10 year. Use this information to answer the questions below

- a) i Define the family stage and family structure of Mr. and Mrs. Kamau's family (2 marks)
- ii Advise Mr. and Mrs. Kamau's family on strategies to create a healthy family relationship (10 marks)
- b) Discuss the benefits of a healthy family in a community (8 marks)

### **QUESTION THREE (20 MARKS)**

- a) Explain five (5) types of family violence experienced in Kenya today (10 marks)
- b) Discuss ways members can express teamwork and commitment in the family (10 marks)

### **QUESTION FOUR (20 MARKS)**

- a) Discuss the effects of drug and substance abuse on financial stability in the family (10 marks)
- b) Advise the Ministry of Health on policies to improve and promote health of the elderly population in Kenya (10 marks)

### **QUESTION FIVE (20 MARKS)**

- a) Discuss the indications that Kenyan families are unhealthy (10 marks)
- b) Mzee Elijah is a rich business man. Discuss the influences of his wealth on the health of his immediate family members (10 marks)