MACHAKOS UNIVERSITY

University Examinations 2017/2018

SCHOOL OF EDUCATION

DEPARTMENT OF EDUCATIONAL PSYCHOLOGY, SPECIAL NEEDS EDUCATION AND EARLY CHILDHOOD EDUCATION

FOURTH YEAR SECOND SEMESTER EXAMINATION FOR BACHELOR OF EDUCATION (EARLY CHILDHOOD EDUCATION)

ECE 408: MATERNAL AND CHILD NUTRITION.

DATE: 14/12/2017 **TIME: 2.00-4.00 PM**

INSTRUCTIONS

Answer Question One and Any Other Two Questions

1. a) Explain each of the three classifications of under nutrition in preschool children. (6 marks)

   b) Explain four risks associated with introducing complementary foods too early to an infant. (8 marks)

   c) Explain the importance of nutrition during the critical period of growth and development for a child, 0-12 months (16 marks)

2. a) Explain the role of good nutrition to an Hiv positive child. (10 marks)

   b) Discuss five benefits of exclusive breast feeding of infants 0-6 months (10 marks)

3. Discuss the nutrient requirement at pre-natal stage, showing the role of each nutrient and relevant food sources. (20 marks)

4. Discuss the factors that affect nutrient intake of children aged 1-3 years. (20 marks)

5. Discuss the factors that affect the health and nutrition status of infants and young children. (20 marks)