



MACHAKOS UNIVERSITY

University Examinations 2016/2017

SCHOOL OF HUMANITIES AND SOCIAL SCIENCE

DEPARTMENT OF SOCIAL SCIENCES

FOURTH YEAR FIRST SEMESTER EXAMINATIONS FOR BACHELOR OF ARTS

APS427: ADULT DEVELOPMENT AND AGEING

DATE: 27/7/2017

TIME: 8:30 – 10:30 AM

INSTRUCTIONS

Answer Question One and Any Other Two Questions

1.
 - a) Discuss three factors that influence adult development. (6 marks)
 - b) Adult adulthood is a period when most individuals make major social commitments and find their place in the world of work. Explain the eight developmental tasks that young adults must accomplish in order to be satisfied with their lives. (8 marks)
 - c) Describe four characteristics of intimacy that develop during early adulthood period. (8 marks)
 - d) Explain four factors that influence the selection of a marriage partner. (4 marks)
 - e) Discuss four common health problems among the elderly. (4 marks)
2. Middle years mark the point at which the balance shifts from growth to decline. In the light of the above saying, discuss the major sex and sexuality changes that occur at middle adulthood. (20 marks)
3.
 - a) Explain the following terms as they apply in the middle adulthood:
 - i) Generation gap. (4 marks)
 - ii) Empty nest. (4 marks)
 - b) Explain the different theoretical perspectives about aging. (12 marks)
4. Discuss the propositions about personality development advanced by Erikson and Beck. (20 marks)
5.
 - a) Explain the term retirement according to psychologists. (2 marks)
 - b) Discuss the major adjustments that an individual must make upon retirement. (8 marks)
 - c) Describe Kabler Ross's stages of the dying process. (10 marks)