



# **MACHAKOS UNIVERSITY**

University Examinations 2018/2019

**SCHOOL OF EDUCATION**

**DEPARTMENT OF EDUCATIONAL PSYCHOLOGY, ECE & SNE**

**FIRST YEAR SECOND SEMESTER EXAMINATION FOR  
DOCTOR OF PHILOSOPHY IN EDUCATIONAL PSYCHOLOGY**

**EPS 908: MENTAL HEALTH AND LEARNING**

**DATE: 11/5/2019**

**TIME: 8:00 – 11:00 PM**

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**INSTRUCTIONS:** Answer Question **ONE** and Any Other **TWO** questions

**QUESTION ONE (COMPULSORY) (20 MARKS)**

“Mental health related issues are common in African countries because of low incomes, high prevalence of communicable diseases and malnutrition, low life expectancy and poorly staffed services”. Critically evaluate this statement.

**QUESTION TWO (15 MARKS)**

“Elderly people face special physical and mental health challenges which need to be recognized” Discuss.

**QUESTION THREE (15 MARKS)**

Elaborate the phrase, “you are what you eat” in relation to the needs of the elderly people.

**QUESTION FOUR (15 MARKS)**

“Guidance and Counseling programmes in Kenyan secondary schools is a total failure”. Critically assess this statement.

**QUESTION FIVE (15 MARKS)**

Evaluate the role of traditional medicine as an alternative to modern medicine in Kenya.