



MACHAKOS UNIVERSITY

University Examinations 2016/2017

SCHOOL OF EDUCATION

DEPARTMENT OF EARLY CHILDHOOD EDUCATION

FIRST SEMESTER EXAMINATION FOR DIPLOMA IN EDUCATION

EPS 0202: INTRODUCTION TO GUIDANCE AND COUSELLING

DATE: 5/6/2017

TIME: 11:00 – 1:00 PM

INSTRUCTIONS

This paper consists of FIVE questions

Answer question one and any other two questions

1. (a) Define the following terms (3 marks)
 - (i) Guidance
 - (ii) Counseling
 - (iii) Counselor
(b). Highlight how you can could assist a student who is stressed. (7 marks)
(c). Explain four distinctions between guidance and counseling (10 marks)
(d). Highlight some characteristics that influence listening during counseling process. (10 marks)
2. Give examples of situations when a counselor can use the following techniques (20 marks)
 - (i) Active listening
 - (ii) Observation
 - (iii) Teaching
 - (iv) Self Disclosure
3. Describe how to manage emotional and Psychological problems which affect students in Secondary Schools (20 marks)

4. You have been invited as a facilitator to a seminar where class teachers are being sensitized on the significance of guidance and counseling in school within your location. Highlight your presentation. (20 marks)
5. (a) Describe five characteristics of an effective counseller. (10 marks)
- (b) Explain four ethics and principles of guidance and counseling. (10 marks)