



MACHAKOS UNIVERSITY COLLEGE

(A Constituent College of Kenyatta University)
University Examinations for 2015/2016 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

SECOND SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS

APS 303: PSYCHOLOGY OF ADOLESCENCE

DATE: 3/8/2016

TIME: 2:00 – 4:00 PM

INSTRUCTIONS.

Answer Question One and any other TWO questions.

1.
 - a) Define the term Adolescence as used in Psychology. (4 marks)
 - b) Explain the importance of studying adolescent Psychology. (10 marks)
 - c) Discuss any **five** factors that affect the adolescence stage. (10 marks)
 - d) Explain the importance of the endocrine system in the growth of the adolescent (6 marks)
2.
 - a) Discuss the physical changes that occur between boys and girls during Adolescence. (10 marks)
 - b) Explain the psycho-social context of development in an adolescent. (10 marks)
3.
 - a) Discuss the cognitive changes that occur in an adolescent. (10 marks)
 - b) Explain any **five** benefits of counseling adolescents. (10 marks)
4.
 - a) Discuss **five** warning signs of a teen headed for trouble. (10 marks)
 - b) Explain **five** challenges that face parents of an adolescent. (10 marks)
5.
 - a) Discuss any **five** issues that are faced by adolescents. (10 marks)
 - b) Explain how you as a psychologist would help an adolescent cope with the challenges discussed in (question 5a) above. (10 marks)