



MACHAKOS UNIVERSITY

University Examinations for 2024/2025 Academic Year

**SCHOOL OF EDUCATION
DEPARTMENT OF EDUCATIONAL PSYCHOLOGY AND SPECIAL NEEDS
EDUCATION**

**FIRST YEAR FIRST SEMESTER EXAMINATION FOR POSTGRADUATE IN
DIPLOMA IN EDUCATION**

EPS 712: DEVELOPMENTAL PSYCHOLOGY

DATE: 16TH JANUARY, 2025

TIME: 8.30 AM – 11.30 AM

INSTRUCTIONS:

*Answer question **ONE (Compulsory)** and **any other TWO** questions*

QUESTION ONE (30 MARKS)

- a) Citing relevant examples where applicable, differentiate between the following terms as they are used in developmental psychology (10 Marks)
 - i. Phenotype and genotype
 - ii. Gross and fine motor development
 - iii. Development and growth
 - iv. Cooperative and associative play
 - v. Dominant and Recessive Genes
- b) Explain Five (5) divergent Themes of human development. (10 Marks)
- c) Discuss Three (3) weaknesses of Sigmund Freud's psychoanalytic theory of personality development. (6 Marks)
- d) Differentiate between secure and anxious attachment. (4 Marks)

QUESTION TWO (15 MARKS)

- a) Explain the following developmental trend (5 Marks)
 - i) Cephalocaudal trend
 - ii) Proximodistal trend
- b) Using appropriate examples, explain five principles of human development. (10 Marks)

QUESTION THREE (15 MARKS)

- a) Discuss the causes of emotional instability in adolescence. (7 Marks)
- b) Describe the following identity statuses of adolescence. (8 Marks)
 - i) Identity diffusion
 - ii) Identity foreclosure
 - iii) Identity moratorium
 - iv) Identity achievement

QUESTION FOUR (15 MARKS)

- a) Explain the role of play in the development of children. (7 Marks)
- b) Elaborate four ways parents may discipline adolescent (8 Marks)

QUESTION FIVE (15 MARKS)

Explain the basic assumptions underlying the following theories of Adolescent? (15 Marks)

- i) Sociopschoanalytic approach of Erik Erikson
- ii) Behavioural theories
- iii) Psychoanalytic theories
- iv) Biological theories
- v) Dynamic Systems Theory