



MACHAKOS UNIVERSITY

University Examinations 2018/2019

SCHOOL OF EDUCATION

DEPARTMENT OF EARLY CHILDHOOD EDUCATION

THIRD YEAR SECOND SEMESTER EXAMINATION FOR

BACHELOR OF EDUCATION

ECE 309: ORGANIZATION AND MANAGEMENT OF FEEDING PROGRAMS

DATE: 17/4/2019

TIME: 2:00 – 4:00 PM

INSTRUCTIONS: Answer Question One and Any Other Two

QUESTION ONE (COMPULSORY) (30 MARKS)

- a) Explain the meaning of the following terms
- i) Nutrition (2 marks)
 - ii) Health (2 marks)
 - iii) Feeding programme (2 marks)
- b) Explain Three (3) benefits of school feeding programs to children (6 marks)
- c) Explain Three (3) factors to consider in order to prepare a healthy meal (6 marks)
- d) Highlight Four (4) major food contamination sources in a school environment. (6 marks)
- e) Describe Six (6) methods that can be used to preserve different types of food in a school environment. (6 marks)

QUESTION TWO (20 MARKS)

Examine the objectives of School Feeding Programmes in preschools in Kenya.

QUESTION THREE (20 MARKS)

Discuss the quality Standards that guide the design and implementation of sustainable school meal programs in Kenya.

QUESTION FOUR (20 MARKS)

- a) Explain **Five (5)** factors that can be taken into consider when costing food for your School Feeding Programme. (10 marks)
- b) Discuss **Five (5)** supporting activities for school feeding programmes (10 marks)

QUESTION FIVE (20 MARKS)

- a) Differentiate between household food security and national food security (5 marks)
- b) Discuss **Five (5)** causes of food insecurity in your county. (15 marks)