



# MACHAKOS UNIVERSITY

University Examinations 2022/2023 academic year

SCHOOL OF EDUCATION

DEPARTMENT OF EDUCATIONAL PSYCHOLOGY, SPECIAL NEEDS EDUCATION

FIRST YEAR SECOND SEMESTER EXAMINATION FOR

MASTER OF ARTS (EDUCATION)

EPS 817: ADOLESCENT DEVELOPMENT

DATE:

TIME:

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## INSTRUCTIONS:

Answer Question **ONE (1)** and Any Other **TWO (2)** in the answer booklet provided.

### QUESTION ONE (30 MARKS)

- a) Explain with the use of examples how the Adolescence stage is conceptualized according to the following perspectives:
- Biological
  - Social
  - Emotional
  - Cultural
- (6 marks)
- b) Briefly explain **two (2)** similarities and **two (2)** differences between Kohlberg's and Piaget's theories of moral development
- (8 marks)
- c) Explain two (2) shortcomings of each of the following theories of development adolescent behavior:
- Freud's Psychoanalytic Theory
  - Vygotsky's Sociocultural Theory
  - Cognitive Social Learning Theory
  - Piaget's theory of moral reasoning
- (8 marks)
- d) Despite the various negative influences of peer culture, peer relationships have a positive impact on the individual adolescent. Discuss this statement?
- (6 marks)

### **QUESTION TWO (15 MARKS)**

- a) Outline the physical changes that take place during:
  - i. Preadolescence (3 marks)
  - ii. Middle adolescence (3 marks)
  - iii. Late adolescence (3 marks)
- b) Discuss how hormonal changes may account for various changes during the adolescence stage (6 marks)

### **QUESTION THREE (15 MARKS)**

- a) Explain how various psychologists have conceptualized the emotions of adolescents (3 marks)
- b) Explain with relevant examples the various factors that may account for the emotional instability experienced during the adolescence stage (12 marks)

### **QUESTION FOUR (15 MARKS)**

- a) Using examples, discuss Five (5) identity states that can result from the process of identity formation as conceptualized by Erik Erikson's in his psychosocial theory. (10 marks)
- b) Explain some of the factors that make the process of identity formation one of the most challenging tasks of the adolescence stage in a modern society. (5 marks)

### **QUESTION FIVE (15 MARKS)**

- a) Citing relevant examples, explain the following conceptualization of psychological disorders that may be prevalent during the period of adolescence:
  - i. Statistical deviation
  - ii. Social norm violation/deviation
  - iii. Maladaptive behavior
  - iv. Personal distress
  - v. Medical disorder (5 marks)
- b) Briefly discuss the following two disorders that may be prevalent among adolescents:
  - i. Eating disorders
  - ii. Psychoactive Substance use Disorders (10 marks)