



MACHAKOS UNIVERSITY

University Examinations 2016/2017

SCHOOL OF HUMANITIES AND SOCIAL SCIENCE

DEPARTMENT OF SOCIAL SCIENCES

FIRST YEAR SECOND SEMESTER EXAMINATION FOR BACHELOR OF ARTS

APS 106: INTRODUCTION TO LIFE CYCLE DEVELOPMENT

DATE: 29/5/2017

TIME: 2:00 – 4:00 PM

INSTRUCTIONS

Answer Question One and Any Other Two Questions

1. a) With examples, explain the following terms as applied in human development:
 - i. Teratogens (2 marks)
 - ii. Cognitive development (2 marks)
- b) Distinguish between growth and development with relevant examples (8 marks)
- c) i) Discuss the stages of prenatal development. (10 marks)
ii) Discuss the social learning theory by Albert Bandura (8 marks)
2. a) Discuss five types of defense mechanisms and show how they affect adolescents. (10 marks)
- b) Explain the Psychosexual stages of Sigmund Freud showing how they account for development at each stage. (10 marks)
3. a) Identify and explain five principles of human development. (10 marks)
- b) Discuss the Piaget's theory of cognitive development (10 marks)
4. a) i) Discuss the Psychosocial theory of Erikson's stages of development and give one example in each stage (8 marks)
ii) Explain the role of maturation on physical and motor development (4 marks)
- b) Explain the benefit of the family as an agent of socialization. (8 marks)
5. a) Discuss five major cognitive changes in adolescence and its importance. (10 marks)
- b) Explain five common late adulthood problems (10 marks)