



MACHAKOS UNIVERSITY

University Examinations for 2024/2025 Academic Year

SCHOOL OF EDUCATION
DEPARTMENT OF EDUCATIONAL COMMUNICATION TECHNOLOGY & ECE
THIRD YEAR FIRST SEMESTER EXAMINATION FOR DEGREE IN
BACHELOR OF EDUCATION (ECE)

ECE 316 - ORGANIZATION AND MANAGEMENT OF FEEDING PROGRAMMES

DATE: 16TH JANUARY, 2025

TIME: 8.30 AM – 10.30 AM

INSTRUCTIONS:

Answer question ONE (Compulsory) and any other TWO questions

QUESTION ONE (COMPULSORY) (30 MARKS)

- a) Define the term “Feeding Programme”. (2 marks)
- b) Identify four ways in which we can reduce nutrient loss during preparation and cooking of food different foods. (4 marks)
- c) State five benefits of a School Feeding Programme (5 marks)
- d) State seven different ways in which parents participate in School Feeding Programmes. (7 marks)
- e) Discuss six solutions to malnutrition problems for young children in Kenya. (12 marks)

QUESTION TWO (20 MARKS)

- a) Briefly describe how each of the following impacts negatively on the education of young children. (10 marks)
 - i. Protein Energy Malnutrition (PEM)
 - ii. Iron Deficiency Anaemia (IDA)
 - iii. Vitamin A Deficiency (VAD)
 - iv. Iodine Deficiency Disorders (IDD)
 - v. Infestation with intestinal worms

b) State five challenges facing School Feeding Programmes.

(10 marks)

QUESTION THREE (20 MARKS)

a) Briefly explain five causes of food insecurity in the world. (10 marks)

b) Discuss five objectives that the Government of Kenya sought to achieve in initiating School Feeding Programmes. (10 marks)

QUESTION FOUR (20 MARKS)

a) Discuss five things to take into consideration when recruiting personnel for a feeding programme. (10 marks)

b) Describe five strategies that may be employed in enhancing food security. (10 marks)

QUESTION FIVE (20 MARKS)

a) In five ways, discuss how caregivers can promote good attitudes towards food and eating habits among children. (10 marks)

b) Discuss five challenges that faced National School Feeding Programmes. (10 marks)