



MACHAKOS UNIVERSITY

University Examinations for 2022/2023 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
DEPARTMENT OF SOCIAL SCIENCES
THIRD YEAR, SECOND SEMESTER EXAMINATION FOR
BACHELOR OF ARTS COUNSELLING PSYCHOLOGY

APS 320: COUNSELLING SPECIAL POPULATIONS

DATE:

TIME:

INSTRUCTIONS:

Answer QUESTION ONE and any other TWO QUESTIONS.

QUESTION ONE (30 MARKS)

- a) Define the following terms as used in special populations counseling (10marks)
- i. Willpower
 - ii. Alcoholics anonymous
 - iii. Substance abuser
 - iv. Epidemic
 - v. Geriatric
- b) Appraise five ways in which counselors may address the stigma surrounding HIV/AIDS in the African community (10 marks)
- c) Evaluate five culturally sensitive techniques which may be used to promote resilience in terminally ill patients (10 marks)

QUESTION TWO (20 MARKS)

- a) Evaluate the importance of using reminiscence therapy when counseling with the geriatric population. (10 marks)
- b) Analyze five common issues that may rise in counseling with survivors of domestic violence (10 marks)

QUESTION THREE (20 MARKS)

- a) Appraise five goals of counseling clients with HIV/ AIDS (10 marks)
- b) Analyze five challenges associated with provider initiated counselling (10 marks)

QUESTION FOUR (20 MARKS)

- a) Analyze five common psychological disorders experience by patients living with HIV/AIDS (10 marks)
- b) Discuss the five stages of grief experienced by terminally ill patients (10 marks)

QUESTION FIVE (20 MARKS)

- a) Evaluate the significance of humanistic approach when counseling with terminally ill patients. (10 marks)
- b) Appraise three types of psychological trauma that affect clients (10 marks)