



# MACHAKOS UNIVERSITY

University Examinations 2018/2019

SCHOOL OF HEALTH SCIENCES

DEPARTMENT OF PUBLIC AND COMMUNITY HEALTH

SECOND YEAR SPECIAL/SUPPLEMENTARY FOR

BACHELOR OF SCIENCE IN PUBLIC HEALTH.

PPH 206: SEXUAL & REPRODUCTIVE HEALTH

DATE: 23/9/2019

TIME: 2.00-4.00 PM

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## INSTRUCTIONS

This paper consists of two sections A and B

Section A is compulsory

Section B choose any two (2) questions

### SECTION A (30 Marks) Compulsory

#### QUESTION ONE

- a) Define the following terms in reproductive health (3 marks)
  - i. Reproductive health
  - ii. Infertility
  - iii. abortion
- b) Differentiate missed abortion from threatened abortion (3 marks)
- c) Explain four causes of infertility in men (4 marks)
- d) Explain factors that promote effective family planning practice (3 marks)
- e) Describe the reproductive health policy goal (3 marks)
- f) Explain four hormonal family planning methods (4 marks)
- g) Describe three physical characteristics of adolescent girls (3 marks)
- h) Explain causes of induced abortion (4 marks)
- i) Explain reproductive health challenges affecting girl child (3 marks)

**SECTION B: CHOOSE ANY TWO (2) QUESTIONS. EACH QUESTION IS 20 MARKS**

**QUESTION TWO**

- a) Describe the components of reproductive health (10 marks)
- b) Describe the roles of other (non-governmental ) players in reproductive health (10 marks)

**QUESTION THREE**

- a) Despite its proven benefits, family planning uptake among the adolescent is low. Discuss. (10 marks)
- b) HIV prevalence in sub- Saharan Africa have partly been contributed to by cultural practices. Discuss. (10 marks)

**QUESTION FOUR**

- a) Discuss the ‘Beyond zero’ initiative to improve maternal health in view of pillars of safe motherhood. (10 marks)
- b) Describe the psychological effects of infertility (10 marks)

**QUESTION FIVE**

- a) Sexually transmitted infections and HIV/AIDS is a disease of the sex workers. Discuss. (10 marks)
- b) Discuss fertility determinants in a population (10 marks)