



MACHAKOS UNIVERSITY

University Examinations for 2021/2022 Academic Year

DIRECTORATE OF TVET

THIRD YEAR FIRST TERM EXAMINATION FOR

DIPLOMA IN SOCIAL WORK

2428/301: COUNSELLING PSYCHOLOGY

DATE: 21/7/2022

TIME: 11.30-2.30 PM

INSTRUCTIONS

ANSWER ALL THE QUESTIONS

QUESTION ONE (20 MARKS)

- a) State and explain **five** principles of counselling. (10 marks)
- b) Describe **five** factors that influenced emergence of counselling in Kenya. (10 marks)

QUESTION TWO (20 MARKS)

- a) Explain **five** roles of a counsellor in group counselling. (10 marks)
- b) Describe **five** benefits of individual counselling. (10 marks)

QUESTION THREE (20 MARKS)

- a) Outline **five** benefits of ethics in counselling. (10 marks)
- b) Describe **five** principles of ethical uses of counselling records. (10 marks)

QUESTION FOUR (20 MARKS)

- a) State and explain **four** merits of face-to-face counselling. (8 marks)
- b) Describe **six** qualities of an effective counsellor. (12 marks)

QUESTON FIVE (20 MARKS)

- a) Explain **five** phases of interview in counselling. (10 marks)
- b) With suitable examples, distinguish between 'empathy' and 'sympathy'. (10 marks)