



# MACHAKOS UNIVERSITY

University Examinations 2019/2020 Academic Year

SCHOOL OF EDUCATION

DEPARTMENT OF EARLY CHILDHOOD EDUCATION

AUGUST SESSION EXAMINATION FOR

BACHELOR OF EDUCATION (EARLY CHILDHOOD EDUCATION)

ECE 404: ADOLESCENT AND ADULT PSYCHOLOGY

DATE: SCHOOL BASED

TIME:

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**INSTRUCTIONS:** answer question one and any other two questions

## QUESTION ONE (30 MARKS)

- a) Define the following terms (6 marks)
  - i. Puberty
  - ii. Adolescence
  - iii. Pubescence
- b) State six reasons that make adolescents to engage in drug abuse. (6 marks)
- c) Explain the implications of Arnold Gesell's theory when working with adolescents. (6 marks)
- d) Evaluate the impact of early maturation on girls and boys. (6 marks)
- e) Describe the three components of the functional age. (6 marks)

## QUESTION TWO (20 MARKS)

Compare and contrast the period of adolescence in the African traditional society and in the contemporary society.

## QUESTION THREE (20 MARKS)

- a) Analyze three categories of body types. (10 marks)
- b) Explain how you would help adolescents deal with their body types. (10 marks)

**QUESTION FOUR (20 MARKS)**

- a) Discuss five problems adolescents face. (10 marks)
- b) Suggest ways adolescents can deal with each of the problems discussed above. (10 marks)

**QUESTION FIVE (20 MARKS)**

Discuss the three periods of adulthood.