

MACHAKOS UNIVERSITY

University Examinations 2017/2018

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF HUMANITIES

FOURTH YEAR FIRST SEMESTER EXAMINATION FOR

BACHELOR OF SCIENCE IN COMMUNITY RESOURCE MANAGEMENT

HCR 411: AGING AND SOCIAL WELFARE SERVICES

DATE: 13/12/2017

TIME: 8:30 – 10:30 AM

INSTRUCTIONS:

This paper consists of **five questions**.

Answer Question 1 and any other **two** questions

Question 1 carries 30 marks

Question 2-5 carry 20 marks each

1.
 - a) Describe the cellular theory of aging and give four (4) relevant examples (10 marks)
 - b) Explain four (4) physical changes that occur in the female reproductive system as a result of aging and give one (1) management strategy for those changes (10 marks)
 - c) Describe the five (5) stages of dying in terminally ill persons (10 marks)
2. Analyze five (5) roles of the elderly persons in the traditional African system that can be used to promote the quality of life of their local communities giving appropriate examples (20 marks)
3. You have been invited by Machakos University to train a group of employees who are about to retire. Explain five (5) stages of the retirement process that you would include in your training programme (20 marks)

4. As the Social Development Officer of Machakos County in charge of social welfare Programmes for older persons, discuss two (2) programmes that you would implement in order to promote the capacity of the older persons to improve their livelihoods and social welfare (20 marks)
5. Assume you are a Community Development Officer in Garissa County
- i) Analyze two (2) social economic problems facing the elderly persons in marginalize areas (10 marks)
 - ii) Propose two (2) relevant intervention programmes for the problems experienced by the elderly in Garissa County (10 marks)