



MACHAKOS UNIVERSITY

University Examinations 2017/2018

SCHOOL OF HUMANITIES AND SOCIAL SCIENCE

DEPARTMENT OF SOCIAL SCIENCES

SECOND YEAR FIRST SEMESTER EXAMINATION FOR BACHELOR OF ARTS

APS 210 MOTIVATION AND EMOTION

DATE: 4/12/2017

TIME:2.00-4.00 PM

INSTRUCTIONS

ANSWER QUESTION ONE AND ANY OTHER TWO QUESTIONS

QUESTION ONE (30 MARKS)

- a) (i) Define the term 'aggression'. (2 marks)
(ii) Using relevant examples, discuss two types of aggression. (8 marks)
- b) Describe five symptoms of depression. (10 marks)
- c) Illustrate the simple model of motivation. (10 marks)

QUESTION TWO (20 MARKS)

- a) Explain the following theories of emotions:
 - i. The James – Lange Theory. (5 marks)
 - ii. The Schacter – Singer Theory. (5 marks)
- b) Discuss the parts of brain that are involved in emotions. (10 marks)

QUESTION THREE (20 MARKS)

Imagine that John is your classmate in one of the second year courses. You have noticed that of late he seems so stressed about somethings he is yet to tell you.

- a) Describe five symptoms of stress he is exhibiting. (10 marks)
- b) What are the possible ways of assisting him to cope with the stress? (10 marks)

QUESTION FOUR (20 MARKS)

- a) With a well labelled diagram, explain the Maslow's hierarchy of needs. (10 marks)
- b) Citing examples, distinguish between intrinsic and extrinsic motivation. (10 marks)

QUESTION FIVE (20 MARKS)

- a) Describe the sexual response cycle. (10 marks)
- b) Explain five basic emotions psychologists seem to agree on. (10 marks)