



MACHAKOS UNIVERSITY

University Examinations 2018/2019

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

THIRD YEAR SECOND SEMESTER EXAMINATION FOR

BACHELOR OF ARTS

APS 317: GROUP DYNAMICS

DATE: 17/4/2019

TIME: 8.30-10.30 AM

INSTRUCTIONS

Answer Question One and any other Two Questions

QUESTION ONE (30 MARKS) (COMPULSORY)

- a) Define the following terms (10 marks)
- i. Group psychotherapy
 - ii. Group dynamics
 - iii. Leadership
 - iv. Group therapy
 - v. Group process
- b) Using a well labelled diagram, illustrate how JOHARI'S window relates to group process. (10 marks)
- c) Discuss **five** characteristics of a counseling group. (10 marks)

QUESTION TWO (20 MARKS)

- a) Evaluate the characteristics that a group leader must possess in order to run a group professionally and effectively. (10 marks)
- b) As a beginner, a group leader may face some specific challenges. Discuss those challenges citing appropriate examples. (10 marks)

QUESTION THREE (20 MARKS)

- a) Discuss the importance of forming groups. (10 marks)
- b) Explain five **advantages** and five **disadvantages** of group counselling. (10 marks)

QUESTION FOUR (20 MARKS)

- a) Distinguish between a task group and a therapy group. (10 marks)
- b) Discuss conflict resolution in groups. (10 marks)

QUESTION FIVE (20 MARKS)

- a) Discuss factors that one could consider while forming a group. (10 marks)
- b) Explain five special goals for a group. (10 marks)