



MACHAKOS UNIVERSITY

University Examinations for 2018/2019 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

FIRST YEAR SPECIAL/SUPPLEMENTARY EXAMINATION FOR

BACHELOR OF EDUCATION (ARTS)

BACHELOR OF ARTS

APS & EPS 100: INTRODUCTION TO PSYCHOLOGY

DATE: 26/9/2019

TIME: 11.00-1.00 PM

INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS

QUESTION ONE (30 MARKS)

- a) Define the following terms as they are used in psychology (6 marks)
 - i. Psychology
 - ii. Mental processes
 - iii. Behaviour
- b) Differentiate between nature and nurture as psychological concepts. (4 marks)
- c) Discuss four specific goals of studying psychology. (12 marks)
- d) Describe the following types of phobias (8 marks)
 - i. Acrophobia
 - ii. Agoraphobia
 - iii. Claustrophobia
 - iv. Hydrophobia

QUESTION TWO (20 MARKS)

- a) Explain the main emphasis of each of the following perspectives of psychology. (8 marks)
 - i. Humanistic
 - ii. Psychoanalytic
 - iii. Cognitive
 - iv. Behavioural

- b) Describe six branches of modern psychology. (12 marks)

QUESTION THREE (20 MARKS)

- a) Describe the process of the formation of identical twins. (8 marks)
- b) Outline six characteristics of Turner's syndrome. (6 marks)
- c) Explain the principles behind the following perceptual groupings (6 marks)
- i. Proximity
 - ii. Similarity
 - iii. Closure

QUESTION FOUR (20 MARKS)

- a) Discuss the factors that should be considered before punishment is administered (8 marks)
- b) Distinguish between physiological and psychological needs. (4 marks)
- c) Giving examples of each, differentiate between environmental and personal obstacles. (12 marks)

QUESTION FIVE (20 MARKS)

- a) Discuss the four different types of conflicts in psychology. (12 marks)
- b) Giving two examples of each, differentiate between psychosis and neurosis. (8 marks)